



# THE SPIRIT CONNECTION BEHIND SAGE

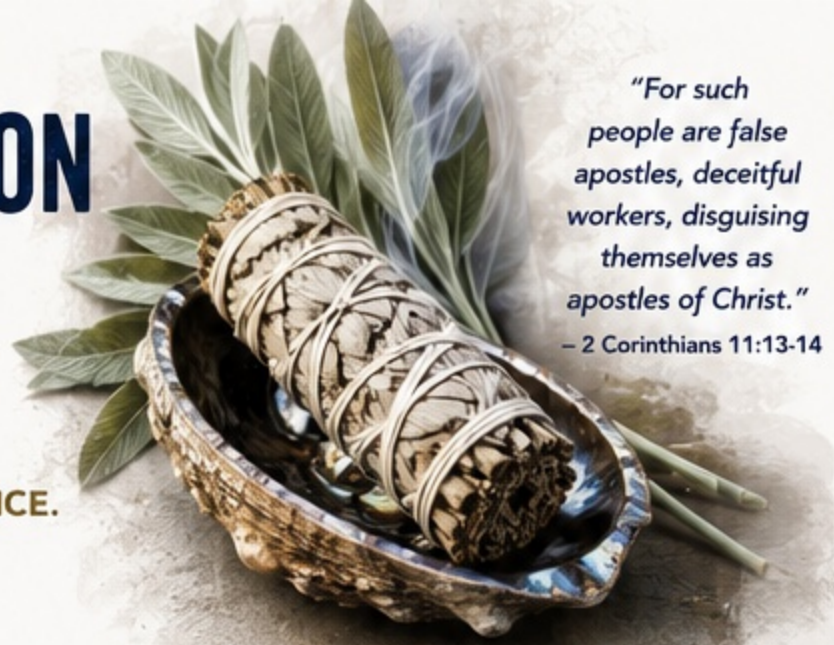
NOT JUST A PLANT. NOT JUST A PRACTICE.  
A SPIRITUAL INFLUENCE.

Stay discerning. Test all things.

— 1 Thessalonians 5:21

"For such people are false apostles, deceitful workers, disguising themselves as apostles of Christ."

— 2 Corinthians 11:13-14



## WHAT IS SAGE?

Sage is a plant that has been used for centuries in many cultures for cleansing, protection, healing, and spiritual rituals. While it may appear natural and harmless, many that use sage are not just using a plant—they are participating in spiritual practices originating from New Age beliefs, witchcraft, shamanism, and occult traditions.

**Sage becomes dangerous when it is used as a tool to interact with the spirit realm apart from God.**



## HOW PEOPLE USE SAGE

- Burning sage to "cleanse" homes, body, or spaces
- Using sage before meditation, yoga, or manifestation
- Rituals for protection, luck, or positive energy
- New Age ceremonies, moon rituals, and manifestation
- Warding off "bad energy" or evil spirits
- Replacing prayer with sage instead of seeking God



These practices open doors to the spiritual realm that many do not understand.



## HOW SAGE CAN BE A SPIRITUAL GATEWAY

- It connects you to spiritual systems outside of God. Sage rituals are rooted in belief systems that acknowledge spirits, ancestors, and energies apart from the Holy Spirit.
- It gives legal right to demonic influence. When you invite a spirit (good, bad, or unknown) through ritual, you create an open door.
- It replaces prayer and faith in God. Using sage to cleanse or protect shifts your trust from God to an object and a ritual.
- It may seem light, but the spirit it connects with is real. The enemy disguises himself as light to deceive even the elect.



## GOD'S WORD REVEALS THE DANGER

### ➤ Deuteronomy 18:10–12

"There shall not be found among you any one that maketh his son or his daughter to pass through the fire, or that useth divination, or an observer of times, or an enchanter, or a witch, Or a charmer, or a consulter with familiar spirits, or a wizard, or a necromancer. For all that do these things are an abomination unto the Lord."

### ➤ Leviticus 19:31

"Regard not them that have familiar spirits, neither seek after wizards, to be defiled by them: I am the Lord your God."

### ➤ Galatians 5:19–21

"Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God."

### ➤ 2 Corinthians 6:14–18

"Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? And what communion hath light with darkness? And what concord hath Christ with Belial? or what part hath he that believeth with an infidel? And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my people."



## SIGNS YOU MAY BE UNDER ITS INFLUENCE



### Increase in Deception

You struggle to discern truth and feel confused often.



### Heaviness or Oppression

You feel unexplained weight, dark thoughts, or anxiety.



### Strongholds Strengthen

Addictions, anger, fear, or bitterness feel harder to break.



### Distance from God

You lose hunger for prayer, Word, and fellowship.



### Unexplained Open Doors

You attract strange dreams, entities, or sinful patterns.



### Emotional Instability

Mood swings, irritation, or fear become more frequent.



### Rebellion or Doubt

You question God, His Word, or His ways more often.



### Fear and Insecurity

You feel vulnerable, unprotected, or easily attacked spiritually.



## HOW TO BREAK FREE AND CLOSE THE DOOR

- ✓ Repent and renounce every use of sage, spiritual rituals, and New Age practices.
- ✓ Ask God to forgive you and cleanse you with the blood of Jesus.
- ✓ Break every spiritual agreement you made through these practices.
- ✓ Destroy all sage, crystals, candles, oils, or items used in these practices.

- ✓ Fill your life with the Word of God. "Let the Word of Christ dwell in you richly." — Colossians 3:16
- ✓ Pray in the Holy Spirit daily. "Pray without ceasing." — 1 Thessalonians 5:17
- ✓ Invite the Holy Spirit to fill every area of your life. "Be filled with the Spirit." — Ephesians 5:18
- ✓ Walk in obedience and stay connected to God's presence. "Draw nigh to God, and He will draw nigh to you." — James 4:8



## THE TRUTH SETS YOU FREE

You were not meant to walk in fear, confusion, or bondage. Jesus came so that you may have life—and have it more abundantly.

**STAND IN TRUTH. WALK IN FREEDOM.  
LIVE UNDER THE AUTHORITY OF CHRIST.**



## PRAYER

Heavenly Father, I renounce every use of sage and every practice that has connected me to the occult or any spirit not from You. I break every agreement, open door, and bond in the name of Jesus. Cleanse me with Your precious blood, fill me with Your Holy Spirit, and restore me to Your truth and purpose. I choose You, Lord Jesus, as my Savior and Lord. I will walk in Your ways, Your power, and Your protection. In Jesus' name, Amen.



**WORD BASED.**

We stand on God's Word.



**FAITH LED.**

We trust God completely.



**KINGDOM FOCUSED.**

We live for His will to be done.

FAITH. PURPOSE. TRANSFORMATION.